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### ANNUAL REPORT- 2020

Parul Institute of Ayurveda & Research is established under parent Parul University, with a vision to build a centre for excellence in education and practice of Ayurveda, to preserve, nurture and propagate the profound ancient wisdom of Indian system of medicine through quality teaching, training, medical care and research works. The Institution aims at transforming the science of Ayurveda through quality education, selfless service to the society with a truthful motto. This Institution was permitted in the year 17.11.2017 by ministry of AYUSH, GOI, New Delhi for intake of admission of 100 students. Institute is focusing on academic, cultural, social and research activities.

Potentials, skills of the student will be identified by the teacher and accordingly they will be motivated and guided for academic, co-curricular activities etc. our Institute concentrate on Social service by conducting rural health awareness programme, Swachata Abhiyan along with involvement of students in such activities. Culture has got significant role in the development of students personality, by keeping this in view, Institute motivates students to participate in various cultural programmes. To preserve the tradition, we celebrate Ganesha Chaturthi, Independence Day, Republic Day.

Khemdas Ayurved Hospital, teaching hospital of Parul Institute of Ayurved has been accredited by NABH (National Accreditation Board of Hospital) from 27<sup>th</sup> October 2018. The surveillance visit was on 12<sup>th</sup> December 2019. The teaching pharmacy is also developed nicely and able to manufacture its own products.

By arranging medical camps Khemdas Ayurved Hospital has extended the health service in 49 nearby villages and around 5,996 number of beneficiaries. Feedback of health seekers of these above camps was very good.

During the pandemic situation of COVID 19, screening camps were conducted in 12 villages and around 1,181 health seekers were benefited along with distribution of medicinal kits. Tele medicine consultation was initiated. The preparation of medicines were been done by the faculties even in the absence of manpower. Several medicines like Guduchi Ghana Vati, Dashamula Katutrayadi Ghana Vati, medicated oil for Nasya, were prepared in a bulk. New products were designed for COVID prevention like Herbal Dhoopa sticks, Herbal Tea, 3TE Immune Drops. As there were shortage of mask observed everywhere due to the sudden worsening of the pandemic situation, the non teaching staff were involved in the preparation of masks. Food packets were distributed to the needy in rural areas. Around 1,289 masks were prepared and distributed. Created awareness about Sanjeevani App amongst the faculties and students thus promoted the importance of Ayurveda medicines in prevention of pandemic symptoms. Throughout the lockdown period the academic activities were

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##### Faculty of Ayurved

P.O. Limda, Tal. Waghodia, Dist. Vadodara – 391760. Gujarat State, India,  
Tel. No. +91-2668-260219/300/314, Tel. Fax: +91-2668-260201  
E-mail: piaresearch@paruluniversity.ac.in, Web: www.paruluniversity.ac.in

  
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conducted as per schedule. To create awareness and the current scenario regarding the COVID 19 pandemic, eleven webinars were conducted. Thus students community were benefitted. Hand wash training workshop for non teaching and hospital staff was organised.

As a part of faculty development programmes, the Institution has organised pedagogy session, various Webinars, Awareness Programmes and Guest Lecture. Details are as below:-

#### **Awareness Programme**

1. Rheumatoid Arthritis Awareness Day was observed on 31<sup>st</sup> January 2020 to health seekers of Khemdas Ayurved Hospital, followed by Awareness lecture delivered by Dr. Nilam Deore, Professor & Head, Department of Panchakarma on the topic "Rheumatoid Arthritis Awareness".
2. Awareness on "World Cancer Day" was observed on 4<sup>th</sup> February 2020 by the Department of Kayachikitsa and competitions like Poetry, Role Play and Poster presentation were organised for the students.
3. Awareness Talk on "World Leprosy Day" was organised by Department of Swasthavritta on 30<sup>th</sup> January 2020 for students and the health seekers at Khemdas Ayurveda Hospital.

#### **Orientation Programme for Students:**

1. Orientation programme of three days was organised for the Second Year & Third Year BAMS students. Sensitization of students for the new academic year with introduction to the subjects was given to Students. It was held from 3<sup>rd</sup> -5<sup>th</sup> October 2020, coordinated by respective Welfare Officer.

#### **Celebration:**

1. International Women's Day was celebrated by the College Council and WDC, Parul Institute of Ayurved and Research for the faculties on 8<sup>th</sup> March, 2020. On this occasion, several games and cultural events for female faculties were organised.
2. On the eve of the Sixth "International Yoga Day", 21<sup>st</sup> June 2020 the team of Swasthavritta, Faculty of Ayurveda organized online yoga competition for students and faculties of Parul University with the theme "My Life My Yoga". As a part of the same, department of Swasthavritta organised online Yoga Sessions according to the common Yoga Protocol, every morning for staff and students from 17<sup>th</sup> June 2020 to 20<sup>th</sup> June 2020.

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3. On the occasion of "National Ayurveda Day" Dhanvantari Pujan was held and Sahasra Deep Prajvalan was done.
4. Department of Dravyaguna Vigyan celebrated the eve of "World Environment Day" by planting 30 new saplings by all the teaching and non teaching staffs of under the leadership of respected Principal Dr. BG Kulkarni on 5<sup>th</sup> June 2020.

**Guest Lecture:**

1. Department of Rasa Shastra & Bhaishajya Kalpana arranged Guest Lecture on 25<sup>th</sup> January 2020 for students of Second Year BAMS by Dr Chakraborty, Principal, Parul Institute of Pharmacy and Research, Parul University on the topic "Analytical Methods in identification of Herbal and Herbo-Mineral Drugs".
2. Department of Agada Tantra & Vyavahara Ayurveda arranged Guest Lecture on 28<sup>th</sup> January 2020 for students of 3<sup>rd</sup> Year BAMS by Dr Akil Saiyed, Dean and Director Parul institute of law, PU on "Courts of India".
3. Department of Prasuti Tantra & Stree Roga arranged Guest Lecture on 29<sup>th</sup> January 2020 for 3<sup>rd</sup> Year BAMS Students by Dr. Mansi Modi on the topic "Garbha Samskara".
4. Department of Rasa Shastra & Bhaishajya Kalpana arranged Guest Lecture on 1<sup>st</sup> February 2020 for students of Second Year BAMS by Dr Rakesh Salve, Associate Professor, Manjushree Institute of Ayurvedic Science, Gujarat on the topic "Rasaushadhi in Clinical Practice".

**Webinar:**

1. Department of Ayurved Samhita & Siddhanta organised Four webinars
  - a. On 25<sup>th</sup> May 2020 by Dr. Priyanka BV, Associate Professor, Department of Ayurveda Samhita & Siddhanta, Sri Kalabhairaveshwara Swamy Ayurveda Medical College Hospital & Research Centre, Bengaluru, Karnataka on the topic "Vimana Sthana –A novel contribution of Charaka Samhita".
  - b. On 22<sup>nd</sup> May 2020 by Dr. Raja Rajeshwari NM, Professor, Department of Ayurveda Samhita & Siddhanta, SDMCA&H, Hassan, Karnataka on the topic "Importance of Anumana Pramana".
  - c. On 3<sup>rd</sup> August 2020 by Dr. Akhilesh Shukla, Assistant Professor, Department of Ayurved Samhita & Siddhanta, Government Ayurveda College, Bilaspur, Chattisgarh on the topic "Significance of Adharaneeya Vega for Healthy Living".
  - d. On 19<sup>th</sup> September 2020 by Dr. Milind Patil, M.D, Pharmaceutical Physician & Academician Ex medical Advisor, Charak Pharma Pvt. Ltd., Mumbai, Ex

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- Professor, Department of Samhita, YMT Ayurveda Medical College, Kharghar, Navi Mumbai on the topic "Avarana in Clinical Practice".
2. Department of **Sharacera Kriya** organised webinar on 2<sup>nd</sup> May 2020 by Dr. Kalpana Sathe, Professor & HOD - Kriya Sharir, MAM's SSAM, Hadapsar, Pune, on the topic "Shatkriyakala - Applied Aspect"
  3. Department of **Dravyaguna Vigyan** organised three webinars:
    - a. On 6<sup>th</sup> May 2020 by Vd. Sharavati Kamble, Associate Professor, BSDTs Ayurveda College Wagholi, Pune on the topic "Application of Paradi Guna".
    - b. On 14<sup>th</sup> May 2020 by Dr. Sudhir Joshi, District Medical Officer, Deputy DCO (Development), District Panchayat, Vadodara on the topic "Role of AYUSH system in Mental Health Boosting for post lockdown condition".
    - c. Dr. Sheelakaralam B., MD Ayu, Head R&D Vaidyaratnam Ayurveda Research Institute, Thrissur, Kerala on the topic "Pharmaco-Therapeutics in Ayurveda- A Contemporary Approach".
  4. Department of **Roga Nidana & Vikruti Vigyan** organised two webinars:
    - a. On 11<sup>th</sup> May 2020 by Dr. Rashmi Pujar, Assistant Professor, Department of RNVV, JSS Ayurveda Medical College, Mysuru, Karnataka on the topic "Easy Steps to ECG".
    - b. On 10<sup>th</sup> October 2020 by Dr. Jaikiran Kini, Director Research, PG Coordinator, Professor, Department of Roga Nidana Evam Vikriti Vigyan, Dr. G. D. Pol Foundation YMT Ayurvedic Medical College, Mumbai on the topic "Roganidan - Clinical Aspect of Nidan Panchak".
  5. Department of **Koumarabhritya** organised webinars:
    - a. On 16<sup>th</sup> May 2020 by Dr. Shailaja U, Professor & Head Department of Kaumarabhritya, SDMCA&H, Hassan, Karnataka; Dr. Rajgopala S, Associate Professor & Head, Department of Kaumarabhritya, AIIA, New Delhi; Dr. Dinesh KS, Professor & Head Department of Kaumarabhritya, VPSV Ayurveda College, Kottakkal, Kerala; Dr. Mehul Patel, Consultant Paediatrician and Neonatologist, Diva Hospital, Rainbow Children Hospital and ICU, Vadodara, Gujarat on the topic "Challenges in Management of Paediatric diseases in COVID-19".
    - b. On 28<sup>th</sup> October 2020 by Dr. Sagar Bhide, Assistant Professor, Department of KB, IPGTRA, Gujarat Ayurved University, Jamnagar, on the topic "Bronchial asthma in children"
    - c. On 29<sup>th</sup> October 2020 by Dr. Harish Kumar Singhal, Assistant Professor, Department of KB, Dr S R Rajasthan Ayurveda University, Jodhpur on the topic "A critical appraisal on ADHD w.s.r. to Manoviparyaya"
  6. Department of **Prasuti Tantra & Stree Roga** organised two webinars:

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- a. On 1<sup>st</sup> May 2020 by Dr. Mamata KV, Professor & Head Department of Prasuti Tantra & Stree Roga; Medical Superintendent, SDM College of Ayurveda, Udupi, Karnataka; Dr. Sujata Kadam, Professor & Head Department of Prasuti Tantra & Stree Roga; Dean AIIA, New Delhi; Dr. Asha Sreedhar, Professor & Head Department of Prasuti Tantra & Stree Roga; Govt. AMC, Thiruvanthapuram, Kerala; Dr. Asokan V, Professor & Head Department of Prasuti Tantra & Stree Roga; PIA, Parul University, Vadodara, Gujarat on the topic "Women's health care & AYUSH guidelines in the present scenario".
  - b. From 3<sup>rd</sup> – 5<sup>th</sup> November 2020 series of Webinar was organised, the resource persons were Dr. Ravinder Chiluveru, Rtd. Principal, Anantha Laxmi Govt. Ayurved Medical College, Warangal, Telangana, on the Topic "Endometrial Factors in Infertility – an Ayurvedic Perspective". Dr. Jasmine Gujarathi, Professor & Head, PTSR, G.J. Patel Institute of Ayurvedic Studies & Research, CVM University, Anand, Gujarat on the topic "Science behind Garbha Samskara Techniques as Envisaged in Ayurveda". Dr. Vishwesh BN, Associate Professor, Department of PTSR, Faculty of Ayurveda, Institute of Medical Sciences, Banaras Hindu University, Varanasi on the topic "Ayurveda Perspective of Surgery in Obstructed Labour".
7. Department of Rasa Shastra & Bhaishajya Kalpana organised webinar
- a. On 20<sup>th</sup> April 2020 by Dr. MR Pandya, Professor & Head Department of RSBK, Parul Institute of Ayurved, Parul University, Vadodara, Gujarat; Dr. PK Prajapati, Professor & Head Department of RSBK, AIIA, New Delhi; Dr. Sasikumar Nechiyil, Chief Physician, Nechiyil Ayurveda Vaidyasala, Chief Executive at Sidheswara drugs, Palakkad, Kerala; Dr. Gopi Krishna, Professor & Head Department of RSBK, SJG Ayurveda Medical College and PG Research Centre, Koppal, Karnataka on the topic "Rasaushadhis- Unveiling The Sublime Treasure in Endemic/ Pandemic Diseases".
8. Department of Shareera Rachana organised webinar:
- a. On 16<sup>th</sup> April 2020 with the resource persons Dr. BG Kulkarni, Principal, PIAR, Parul University, Vadodara, Gujarat; Dr. Mukund Erande, Professor, Rachana Shareera, SS Ayurved College, Hadapsur, Pune, Maharashtra; Dr. Navin Chandra Joshi, Master trainer in Marma Science & therapy, Uttarakhand, Faculty of Ayurved, UAU Main Campus, Deharadun, India; Dr. OP Dave, Professor, Department of Shalakya Tantra, Parul Institute of Ayurved & Research, Parul University, Vadodara, Gujarat on the topic "Understanding of essentials of Marma Sharir and its applicability"

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- b. On 26<sup>th</sup> June 2020 by Dr. Kumaraswami B Hiremath, Professor & Head, Department of Rachana Sharir, SJG Ayurvedic Medical College, Koppal, Karnataka on the topic "Ancient Ayurvedic Method of Preservation of Dead Body and Dissection".
9. **Research & Development Cell**, PIAR organised series of Webinar Bheshaj- Pharma Tech 2020; National Webinar Series on Ayurved Pharmaceuticals & Research from 6<sup>th</sup> to 11<sup>th</sup> July 2020 with the resource persons:
  - a. On 7<sup>th</sup> July 2020 by Dr. RV Gudi, Manager (Production), Shree Dhootpapeshwar Limited on the topic "Rationality of Herbal formulation W.S.R. To Classical and Proprietary Drugs".
  - b. On 8<sup>th</sup> July 2020 by Dr. Vijendra Prakash, General Manager- Regulatory, Corporate Affairs, The Himalaya Drug Company on the topic "Regulatory Affairs in Pharmacy Practices"
  - c. On 9<sup>th</sup> July 2020 by Dr. Vedula Sasibhushan, Senior Manager, Dabur Research & Development Centre (DRDC), Dabur India Limited on the topic "Application of GMP in current Ayurved Pharmaceuticals"
  - d. On 10<sup>th</sup> July 2020 by Dr. Hardik Soni, Senior Manager, R&D, Vasu Research Centre on the topic "Intellectual Proprietary Rights";
  - e. On 11<sup>th</sup> July 2020 by Dr. Srikanth K, National Manager- Scientific Services, Pharmaceutical Division, The Himalaya Drug Company on the topic "Quality Control and in process Quality Control (QC & IPQC) for Ayurved Drugs".

#### **Faculty Development Programme:**

As a part of Faculty Development pedagogy sessions are been organised once in every week. Totally Twenty one sessions were conducted this year.

#### **Research Activities:**

Institution is having IIC, MHRD cell for the promotion of Innovation in research. Institution has few Research projects in its name in the year 2020 which includes one completed and two ongoing externally funded research project; four SOIC projects funded by Government of Gujarat; Five CR4D funded research project. The details are as follows:

#### **Completed Sponsored Research Project:**

1. "Clinical evaluation of Dabur Chyawanprash (DCP) as a preventive remedy in pandemic of Covid -19 – An Open label, Multi centric, Randomized, Comparative,

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Prospective, and Interventional Community based clinical study on Healthy Individuals”.

**Ongoing Sponsored Research Projects:**

1. “A Prospective Multicenter Interventional Placebo Controlled Randomized Double Blind Parallel Study To Assess The Efficacy & Safety of INDCA Nasal Spray In Treatment Of Patients With Tension Type Of Headache” sponsored by Sanjeevani Bio Lab Hyderabad with grant sanctioned of amount Rs. 1, 30,000/-.
2. “A Randomized, Double Blind, Placebo Controlled, Comparative Interventional, Multi centric Prospective Clinical Study To Evaluate Efficacy And Safety Of Ayurtis Cap In Patients Suffering From Cervical Spondylitis” sponsored by Target Institute of Medical Education & Research with grant sanctioned of amount Rs. 1,48,000/- .

**Parul University Funded Research Projects:**

1. “An Open Labelled Randomised Comparative Clinical Study of Effect of Pooga Paaka and Pathyadi Kashaya in Migraine without Aura” sponsored by CR4D, Parul University with grant sanctioned of amount Rs.50,000/-.
2. “Pharmaceutical Analytical and Interventional Study of Darvyadi Granules in Iron Deficiency Anaemia - A Pilot Study sponsored” by CR4D, Parul University with grant sanctioned of amount Rs. 50,000/-
3. “Qualitative & Quantitative Comparative Study on the Efficacy of Kunapajala Therapy in Cultivation of Roots of Vetiveria Zizinoidea as Per Surpala Nighantu” sponsored by CR4D, Parul University with grant sanctioned of amount Rs. 40,000/-
4. “An Interventional Study to Assess the Agumenting Effect of Balachaturbhadra Arka in Grade I & II Under Nutrition in Children Attending Anganawadi” sponsored by CR4D, Parul University with grant sanctioned of amount Rs.30,000/-
5. “A Control Clinical Study of Effect of Saptachakra Ghanavati Anti-Spasmodic Dysmenorrhoea” sponsored by CR4D, Parul University with grant sanctioned of amount Rs.30,000/-

**Student Research Activity:**

To inculcate research attitude in students, the Institution motivates students towards it. In this direction students have applied for SSIP-SOIC research projects sponsored by I – Hub, Government of Gujarat. Thus four SSIP – SOIC research projects were sanctioned. The details are as follows:

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1. "Herbal Hair lotion – one remedy for many hair problems" with Dr. Prasanna Mathad as mentor and Tahesin Banu as Team Leader with grant sanctioned of amount Rs. 75,000/- sponsored by I – Hub, SSIP – SOIC – Government of Gujarat.
2. "Herbal Analgesic Adhesive Plaster" with Dr. Prasanna Mathad as mentor and Mr. Dharmendra Pal Singh as Team Leader with grant sanctioned of amount Rs. 50,000/- sponsored by I – Hub, SSIP – SOIC – Government of Gujarat.
3. "Herbal Eye Liner – Boon in the Effective Management of Computer Vision Syndrome" with Dr. Prasanna Mathad as mentor and Ms. Devanshi Raval as Team Leader with grant sanctioned of amount Rs. 45,000/- sponsored by I – Hub, SSIP – SOIC – Government of Gujarat.
4. "Herbal Eyedrops – for Eyestrain and Computer Vision Syndrome (CVS) Care" with Dr. Prasanna Mathad as mentor and Sandigada Sagar as Team Leader with grant sanctioned of amount Rs. 42,000/- sponsored by I – Hub, SSIP – SOIC – Government of Gujarat.

## **FACULTY CORNER**

### **Book Publication:**

1. Dr. Naresh Kore, Professor Department of Kayachikitsa and Dr. Teja Naik, Assistant Professor, Department of Kayachikitsa, published a book entitled "Low Backache an Ayurveda View" on December 2020 published by Maitri Prakashan.
2. Dr. Archana Panchaxarimath, Professor, Department of Svasthavrutta, published a chapter named "Ardharogahari Nidra" in a book entitled "Lambert Academy of publishing" on the month of February 2020
3. Dr. Nandkishore Umale, Associate Professor, Department of Panchakarma, published a chapter named "Panchakarma - A ray of Hope in Kushta" in a book entitled "Kushtanta" on January 2020 published by Dhanvantari Books & Stationaries.
4. Dr. Deepti Vishvaroopan, Assistant Professor, Department of Koumarabhritya, published a chapter named "Chapter 6- Biological effects of Ayurvedic formulations" in a book entitled "Ayurveda in the new millennium - emerging roles and future challenges" in the month November 2020.

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**Publication:** 33 faculties published 37 research & review articles.

**CME:** 01 faculty have attended CME for teachers of Panchakarma at AIIA sponsored by RAV, New Delhi

**Training Programmes:** Dr. Prasanna Mathad had Completed Comprehensive Online Certificate Course on IPR organised by I – Hub, Government of Gujarat during 07.07.2020 – 14.09.2020

**Achievements:**

**Faculties:**

**Awards:**

1. Dr. BG Kulkarni was felicitated with Ashwni Award 2020.
2. Dr. Sarita Ohol was felicitated with “Best Teacher” Award during Teachers Day celebration held at Faculty of Ayurved, Parul University.
3. Dr. Prasanna Mathad was felicitated with “Best Teacher” Award during Teachers Day celebration held at Faculty of Ayurved, Parul University.
4. Dr. Anitha H received “Faculty Appreciation Award” on Doctors Day celebration held at Faculty of Ayurved, Parul University.

**As Resource Persons:**

- Dr. BG Kulkarni was invited as Resource Person in a National Webinar organised by Faculty of Ayurveda, Parul University on 16<sup>th</sup> April 2020 on the topic “Understanding of essentials of Marma Sharir and its applicability”.
- Dr. BG Kulkarni was invited as Resource Person in a National Webinar on Rachana Shareera organised by Government Ayurveda Medical College, Mysuru on 13<sup>th</sup> May 2020 on the topic “Embryology”.
- Dr. BG Kulkarni was invited as Resource Person in a National Webinar series on Panchakarma organised by Government Ayurveda Medical College, Mysuru on 26<sup>th</sup> May 2020 to 3<sup>rd</sup> June 2020.
- Dr. BG Kulkarni was invited as Resource Person in a National Webinar series Shareera Ratna 2020 organised by Rajeev Institute of Ayurvedic Medical Science and Research Centre, Hassan, Karnataka on 19<sup>th</sup> June 2020 on the topic “Anatomical Understanding of Marma”.
- Dr. BG Kulkarni was invited as Resource Person in a National Webinar series Jnana Shareeram – 2020 organised by SBG Ayurvedic Medical College & Hospital,

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Belgavi, Karnataka on 10<sup>th</sup> July 2020 to 11<sup>th</sup> July 2020 on the topic "Clinical Understanding of Kala Shareera".

- Dr. BG Kulkarni was invited as Resource Person in a National Webinar organised by PMT Ayurved College, Shevgaon, Ahmednagar, Maharashtra on 21<sup>st</sup> September 2020 on the topic "Formation of Germ layers and its derivatives".
- Dr. Nimesh Sangode was invited as Resource Person in a National Webinar organised by Gokul Ayurvedic College, Siddhpur, Gujarat on 28<sup>th</sup> July 2020 on the Topic "Cranial Nerves with its applied Anatomy".
- Dr. Arun Vaidya was invited as resource person in a National Level Webinar organised by Global institute of Ayurveda, Rajkot, Gujarat on 18<sup>th</sup> September 2020 on the topic "Paradi Guna – importance and application".
- Dr. Manisha Dunghav was invited as resource person in a National Level Webinar organised by PAMPA Resolute 2020 on 17<sup>th</sup> November 2020 on the topic "Medical Use of Non Vegetarian Diet in Ayurveda".
- Dr. Manisha Dunghav was invited as resource person in a National Level Webinar organised by SJGMAC, Koppal, Karnataka on 27<sup>th</sup> July 2020 on the topic "Aaptopadesha Pramana".
- Dr. Sarita Ohol was invited as resource person in a National Level Webinar organised by Vaidyamritam on 29<sup>th</sup> September 2020 on the topic "Closer Look to Ahara Rasa".
- Dr. Akshar Kulkarni was invited as resource person in a Workshop organised by Faculty of Ayurveda, Paul University on "Research methodology and statistics workshop Referencing Styles" from 3<sup>rd</sup> February 2020 to 5<sup>th</sup> February 2020.
- Dr. Akshar Kulkarni was invited as resource person in a National Level Webinar Janarjana-2020 organised by Ayurved Medical College, Terdal; on the topic "Concept of Agni" on 18<sup>th</sup> July 2020.
- Dr. Akshar Kulkarni was invited as resource person in a National Level Webinar organised by Belley Shankarpur Rajib Gandhi Memorial Ayurvedic College & Hospital, West Bengal on 19<sup>th</sup> November 2020.
- Dr. Navoday Raju was invited as resource person in a National Level Webinar Janarjana-2020 organised by Hubli Ayurveda Seva Samiti's Ayurveda Mahavidyalaya & Hospital Hubli on the topic "Kriya Pradeepika – Understanding of Ojas" on 19<sup>th</sup> October 2020.
- Dr. Anitha H was invited as resource person in a National Level Webinar Janarjana-2020 organised by TMAE'S Ayurveda Medical College, Hospert, Karnataka on 4<sup>th</sup> June 2020 on the topic "Sikata Varga".

**Parul Institute of Ayurved & Research**

**Faculty of Ayurved**

P.O. Limda, Tal. Waghodia, Dist. Vadodara – 391760. Gujarat State, India,  
Tel. No. +91-2668-260219/300/314, Tel. Fax: +91-2668-260201  
E-mail: piaresearch@paruluniversity.ac.in, Web: www.paruluniversity.ac.in

  
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- Dr. Anitha H was invited as resource person in a National Level Webinar Janarjana-2020 organised by Terdal, Karnataka on 28<sup>th</sup> June 2020 on the topic "introduction to new dosage Forms".
- Dr. Anitha H was invited as resource person in a National Level Webinar Janarjana-2020 organised by Hubli, Karnataka on 22<sup>nd</sup> July 2020 on the topic "Concept of new dosage forms".
- Dr. Rakesh Brahmkar was invited as resource person in a National Level Webinar Janarjana-2020 organised by NEIAH, Shillong on 20<sup>th</sup> July 2020 on the topic "Sandhana Kalpana Pharmaceutical and Clinical Aspects".
- Dr. Prasanna Mathad was invited as resource person in a Workshop organised by Faculty of Ayurveda, Paul University "Research methodology and statistics workshop" from 3<sup>rd</sup> February 2020 to 5<sup>th</sup> February 2020
- Dr. Prasanna Mathad was invited as resource person in a Webinar organised by Faculty of Ayurved, Paul University on 23<sup>rd</sup> July 2020 on the topic "New drug dosage in the research workshop for PhD scholars"
- Dr. Prasanna Mathad was invited as resource person in a National Level Webinar Janarjana-2020 organised by Kalabhaireswara Ayurved College Hospital and Research Centre Bengaluru on 8<sup>th</sup> May 2020 on the topic "Introduction to Rasoushadhi Kalpana and its uses".
- Dr. Vaishali Deshpande was invited as resource person in a research workshop for PhD scholars organised by Faculty of Ayurved on 24<sup>th</sup> July 2020
- Dr. Naresh Kore was invited as resource person in a National Level Webinar organised by KJ Institute of Ayurveda & Research, Savli, Vadodara, Gujarat on 10<sup>th</sup> June 2020 on the topic "Approach Towards COVID - 19 Management".
- Dr. Naresh Kore was invited as resource person in a National Level Webinar on Kayachikitsa organised by Shree RMD Ayurved College & Hospital, Waghaldhara, Valsad, Gujarat on 29<sup>th</sup> July 2020 on the topic "Understanding Kamala W.S.R. to Viral Hepatitis".
- Dr. Archana Panchaxarimath was invited as resource person in a National Level Webinar organised by Shri Vijay Mahantesh Ayurvedic Medical College, PG Research Centre, And RPK Ayurvedic Hospital, Ilkal, Karnataka on 13<sup>th</sup> July 2020 on the topic "Yoga- A Boon in Post COVID 19 Scenario".
- Dr. Ramen Santra was invited as resource person in a National Level Webinar organised by Jeevan Jyoti Ayurvedic Medical College & Hospital, Lodha, Aligarh, UP on 6<sup>th</sup> May 2020 on the topic "Stress Management through Ashtanga Yoga".
- Dr. Ramen Santra was invited as resource person in a National Level Webinar organised by Shri Vijay Mahantesh Ayurvedic Medical College, PG Research Centre

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and RPK Ayurvedic Hospital, Ilkal, Karnataka on 11<sup>th</sup> June 2020 on the topic "Sadvrutta for Stress Management".

- Dr. Ramen Santra was invited as Trainer in Virtual Yoga Training to Students held on 11.04.2020 – 01.05.2020 organised by Faculty of Ayurveda, PU
- Dr. Ramen Santra was invited as Trainer in Yoga Training to Nursing Staff held on 13.07.2020 – 15.07.2020 organised by Khemdas Ayurveda Hospital.
- Dr. Ramen Santra was invited as Instructor/ Demonstrator for Five Days Virtual Yoga Workshop held from 17.08.2020 – 21.08.2020 organised by International Relations Cell Paul University.
- Dr. OP Dave was invited as resource person in a National Level Webinar organised by PG Guest Lecture Series, Organised by PG Dept. of Shalya Tantra on 18<sup>th</sup> August on the topic "Instant Pain Management in Anorectal Procedures".
- Dr. Naresh Kore – 29/12/2020 - National level webinar on Fighting COVID in 2021, LBVK Ayurveda College and Hospital, Latur

#### Student Corner:

- Mr. Sagar Sandigada 4<sup>th</sup> Year BAMS Student secured 3<sup>rd</sup> Prize in online National Level Contest on Promotion of Ayurveda for COVID – 19 to Public held on the occasion of 5<sup>th</sup> National Ayurveda Day and Dhanvantari Jayanti on 13<sup>th</sup> November 2020.
- Mr. Sagar Sandigada 4<sup>th</sup> Year BAMS Student secured 3<sup>rd</sup> Prize in Herbal Treasure Hunt 2020 held on the occasion of National Ayurveda Day 2020 held from 6<sup>th</sup> November 2020 – 12<sup>th</sup> November, 2020.
- Ms. Anjali Yadav 4<sup>th</sup> Year BAMS Student was the winner of the contest, story writing – based on the picture organised by Faculty of Ayurved, in the month of November 2020
- All the students of IV Year BAMS, III Year BAMS and I Year BAMS had undergone various Certificate courses organised by Parul University.

#### Parul Institute of Ayurved & Research Faculty of Ayurved

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